

Maturity Through Service

Ephesians 4:1–16

❖ Icebreaker (Optional):

What's one summer activity you're most looking forward to, and how do you hope to stay spiritually engaged during it?

1. Paul lists these as key qualities for walking worthy of our calling (v.2). How do these qualities reflect spiritual maturity, and why are they essential for unity in the church today?
2. We're reminded to walk, bear, maintain, and be eager words that imply action. What does it look like to be "intentional" with your spiritual gifts, especially during summer when it's easy to pull back from church or ministry?
3. Ephesians 4:11–12 highlights that leaders equip others for service—not do all the ministry themselves. How have you been equipped by others in your faith journey, and how can you help equip someone else?
4. Paul describes the church as one unified body made up of many parts (v.4–6, v.16). How can we better value and support each part of the body in our church community? What part do you think you play right now?
5. Paul calls us to grow by speaking the truth in love (v.15) Why is this both difficult and necessary in today's culture, and how can we lovingly challenge one another toward growth?